

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## CHILD/ADOLESCENT BIOPSYCHOSOCIAL HISTORY

### PRESENTING PROBLEMS

Presenting problems: \_\_\_\_\_

Duration (months): \_\_\_\_\_

Additional Information: \_\_\_\_\_

### CURRENT SYMPTOM CHECKLIST (Rate intensity currently present)

**None**=This symptom not present at this time • **Mild**=Impacts quality of life, but not significant impairment of day-to-day functioning • **Moderate**= Significant impact on quality of life and/or day-to-day functioning • **Severe**=Profound impact on quality of life and/or day-to-day functioning

	None	Mild	Moderate	Severe	Unsure		None	Mild	Moderate	Severe	Unsure
Depressed mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Binging/purging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Appetite disturbance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Laxative/diuretic abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep disturbance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Anorexia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Elimination disturbance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Paranoid ideation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue/low energy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Circumstantial symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Psychomotor retardation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Loose associations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poor concentration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Delusions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poor grooming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mood swings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Aggressive behaviors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Agitations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Conduct problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emotionality	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Oppositional behavior	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Irritability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sexual dysfunction	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Generalized anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Grief	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Panic attacks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hopelessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Phobias	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Social isolation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obsessions/compulsions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Worthlessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	None	Mild	Moderate	Severe	Unsure		None	Mild	Moderate	Severe	Unsure
Guilt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical trauma victim	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Elevated mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sexual trauma victim	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hyperactivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Emotional trauma perpetrator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dissociative states	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Physical trauma perpetrator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Somatic complaints	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sexual trauma perpetrator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Self-mutilation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Substance use/abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Significant weight gain/loss	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Homicidal ideation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Concomitant medical cond.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Suicidal ideation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emotional trauma victim	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Suicide Attempts:	_____ number of times				

Date of last attempt: \_\_\_\_\_

Other (specify): \_\_\_\_\_

## EMOTIONAL/PSYCHIATRIC HISTORY

Prior outpatient psychotherapy? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes on \_\_\_\_\_ occasions. Longest treatment by \_\_\_\_\_ for \_\_\_\_\_ sessions from \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ to \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Prior provider name: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Phone: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Intervention/Modality: \_\_\_\_\_

Beneficial? \_\_\_\_\_

Prior inpatient treatment for a psychiatric, emotional, or substance use disorder? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes on \_\_\_\_\_ occasions. Longest treatment by \_\_\_\_\_ for \_\_\_\_\_ sessions from \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ to \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Inpatient facility name: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Phone: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Intervention/Modality: \_\_\_\_\_

Beneficial? \_\_\_\_\_

Has any family member had outpatient psychotherapy? \_\_\_\_\_ Yes \_\_\_\_\_ No

Has any family member had inpatient treatment for a psychiatric, emotional, or substance use disorder

If yes, who/why (list all): \_\_\_\_\_

## EDUCATION LEVEL:

Current grade \_\_\_\_\_ School attending \_\_\_\_\_

## FAMILY HISTORY

### FAMILY OF ORIGIN

Present during childhood:

	Present entire childhood	Present part of childhood	Not present at all
Mother	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Father	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stepmother	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stepfather	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brother(s)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sister(s)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other (specify)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Father

Full name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Education level: \_\_\_\_\_

General health: \_\_\_\_\_

### Mother

Full name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Education level: \_\_\_\_\_

General health: \_\_\_\_\_

Describe childhood family experience:

- Outstanding home environment
- Normal home environment
- Chaotic home environment
- Witnessed physical/verbal/sexual abuse toward others
- Experienced physical/verbal/sexual abuse from others

Age of emancipation from home: \_\_\_\_\_ Circumstances: \_\_\_\_\_

Special circumstances in childhood: \_\_\_\_\_

List all persons currently living in patient's household:

Name	Age	Gender	Relationship to patient
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

List any siblings living outside the household:

Name	Age	Gender	Relationship to patient
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Substance use history:**

Family alcohol/drug abuse history:

- Mother       Stepmother/live-in       Grandparent(s)       Spouse/significant other
- Father       Stepfather       Uncle(s)/Aunt(s)       Siblings
- Other (Specify) \_\_\_\_\_

Patient alcohol and/or drug treatment history:

- Outpatient (age[s] \_\_\_\_\_)       Inpatient (age[s] \_\_\_\_\_)
- 12-step program (age[s] \_\_\_\_\_)       Stopped on own (age[s] \_\_\_\_\_)
- Other (age[s] \_\_\_\_\_) describe: \_\_\_\_\_

Substances used by patient:

(complete all that apply)      **Current Use**

	First use age	Last use age	(yes/no)	Current frequency	Current amount
Alcohol	_____	_____	_____	_____	_____
Amphetamines/"speed"	_____	_____	_____	_____	_____
Barbiturates/"downers"	_____	_____	_____	_____	_____
Caffeine	_____	_____	_____	_____	_____
Cocaine	_____	_____	_____	_____	_____
Crack cocaine	_____	_____	_____	_____	_____
Hallucinogens (e.g. LSD)	_____	_____	_____	_____	_____
Inhalants (e.g. glue, gasoline)	_____	_____	_____	_____	_____
Marijuana or hashish	_____	_____	_____	_____	_____
Nicotine/cigarettes	_____	_____	_____	_____	_____
PCP	_____	_____	_____	_____	_____
Prescription	_____	_____	_____	_____	_____
Other	_____	_____	_____	_____	_____

Consequences of substance use (check all that apply):

- Hangovers     Seizures     Assaults     Loss of control of amount used     Withdrawal symptoms     Medical complications
- Blackouts     Overdose     Arrests     Sleep Disturbance     Suicidal Impulse     Relationship conflicts
- Binges     Job loss     Tolerance changes     Other \_\_\_\_\_

**DEVELOPMENTAL HISTORY** (check all that apply for the child/adolescent patient)

Problems during mother's pregnancy:

- None       Alcohol use       Drug use       Bleeding       Kidney infection       High blood pressure  
 German Measles       Emotional stress       Cigarette use       Other \_\_\_\_\_

Birth:       Normal delivery       Difficult delivery       Cesarean delivery       Complications

Birth weight: \_\_\_\_\_ lbs \_\_\_\_\_ oz.

Infancy:       Feeding problems       Sleep problems       Toilet training problems

Childhood health:

- Chicken Pox age: \_\_\_\_\_       German Measles age: \_\_\_\_\_       Red Measles age: \_\_\_\_\_       Mumps age: \_\_\_\_\_  
 Rheumatic fever age: \_\_\_\_\_       Whooping cough age: \_\_\_\_\_       Scarlet Fever age: \_\_\_\_\_       Diphtheria age: \_\_\_\_\_  
 Lead poisoning age: \_\_\_\_\_       Poliomyelitis age: \_\_\_\_\_       Pneumonia age: \_\_\_\_\_       Tuberculosis age: \_\_\_\_\_  
 Autism       Mental retardation       Ear infections       Asthma

Significant injuries: \_\_\_\_\_

Chronic, serious health problems: \_\_\_\_\_

Delayed developmental milestones (check **only** those milestones that **did not** occur at expected age):

- Sitting       Rolling over       Standing       Walking       Feeding self  
 Speaking words       Speaking sentences       Controlling Bladder       Sleeping alone       Dressing self  
 Engaging peers       Tolerating separation       Playing cooperatively       Riding tricycle       Riding bicycle

Social interaction (check all that apply):

- Normal social interaction       Isolates self       Very shy       Alienates self  
 Dominates others       Inappropriate sex play       Associates with acting-out peers       Other

Emotional/behavioral problems (check all that apply):

- Drug abuse       Alcohol abuse       Chronic lying       Disobedient       Repeats words of others  
 Stealing       Violent temper       Fire-setting       Indecisive       Self-injurious threats  
 Hyperactive       Animal cruelty       Assaults others       Immature       Self-injurious acts  
 Distrustful       Bizarre behavior       Extreme worrier       Impulsive       Frequent daydreams  
 Often sad       Breaks things       Easily distracted       Not trustworthy       Poor concentration  
 Hostile/angry mood       Lack of attachment       Frequently tearful       Other

Describe any other development problems or issues: \_\_\_\_\_

Intellectual/academic functioning (check all that apply):

- Normal intelligence       High intelligence       Learning problems       Authority conflicts  
 Attention problems       Underachieving       Mild retardation       Moderate retardation       Severe retardation

Legal history:

- No legal problem       Now on parole/probation       Arrest(s) not substance-related  
 Arrest(s) substance related       Court ordered this treatment       Describe last legal difficulty:  
 Jail/prison \_\_\_\_\_ times       Total time served: \_\_\_\_\_

# HEALTH SCREENING

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Sex: \_\_\_\_\_ F \_\_\_\_\_ M

Allergies: \_\_\_\_\_

1. Do you have or have you ever had any of the following?  
(please check yes or no)

	No	Yes	Please describe
Allergies			
Blood Disorder			
Bone or Joint Problems			
Cancer			
Diabetes			
Endocrine Disorders (e.g. thyroid)			
Epilepsy (seizures, convulsions)			
Gastrointestinal Disorders (stomach)			
Head injury			
Heart Disease			
HIV/AIDS Related Conditions			
Hypertension (high blood pressure)			
Hypoglycemia (low blood sugar)			
Liver Disease			
Lung Disease			
Physical Limitations			
Sexually Transmitted Disease (e.g. gonorrhea, syphilis)			
Other			

2. HOSPITALIZATIONS (list any operations, medical procedures, mental, drug, or alcohol abuse treatment)

Date	Procedure/treatment

3. MEDICATION currently taking (include prescription drugs; amount and frequency)

Name of Medication	Amount	Frequency	Date Started

4. MEDICAL PROCEDURES Physical exams; special test e.g. EKG, Blood Tests, X-rays, within past year

Exam/Test Performed	Date	Physician/Clinic

5. PRIMARY CARE DOCTOR

Name	Address	Phone	Date of Last Physical Exam

6. PREVIOUS MENTAL HEALTH TREATMENT

Date	Name of Provider	Address	Phone

Parent/Guardian/Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name:

Date of Birth:

# Pediatric Symptom Checklist-17 (PSC-17)

Caregiver Completing this Form: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Child: \_\_\_\_\_

		Please mark under the heading that best fits your child			For Office Use		
		NEVER	SOME-TIMES	OFTEN	I	A	E
1.	Fidgety, unable to sit still						
2.	Feels sad, unhappy						
3.	Daydreams too much						
4.	Refuses to share						
5.	Does not understand other people's feelings						
6.	Feels hopeless						
7.	Has trouble concentrating						
8.	Fights with other children						
9.	Is down on him or herself						
10.	Blames others for his or her troubles						
11.	Seems to be having less fun						
12.	Does not listen to rules						
13.	Acts as if driven by a motor						
14.	Teases others						
15.	Worries a lot						
16.	Takes things that do not belong to him or her						
17.	Distracted easily						
(scoring totals)							

**Scoring:**

- Fill in unshaded box on right with: "Never" = 0, "Sometimes" = 1, "Often" = 2
- Sum the columns.  
 PSC17 Internalizing score is sum of column I  
 PSC17 Attention score is sum of column A  
 PSC17 Externalizing score is sum of column E  
 PSC-17 Total Score is sum of I, A, and E columns

**Suggested Screen Cutoff:**

- PSC-17 - I  $\geq$  5
- PSC-17 - A  $\geq$  7
- PSC-17 - E  $\geq$  7
- Total Score  $\geq$  15

*Higher Scores can indicate an increased likelihood of a behavioral health disorder being present.*

**QUICK INVENTORY OF DEPRESSIVE SYMPTOMATOLOGY (SELF-REPORT)**

***THIS SECTION FOR USE BY STUDY PERSONNEL ONLY.***

Questionnaire completed on visit date  or specify date completed: \_\_\_\_\_  
DD-Mon-YYYY

***Only the patient (subject) should enter information onto this questionnaire.***

**PLEASE CHECKMARK THE ONE RESPONSE TO EACH ITEM THAT IS MOST APPROPRIATE TO HOW YOU HAVE BEEN FEELING OVER THE PAST 7 DAYS.**

**1. Falling asleep:**

- 0 I never took longer than 30 minutes to fall asleep.
- 1 I took at least 30 minutes to fall asleep, less than half the time (3 days or less out of the past 7 days).
- 2 I took at least 30 minutes to fall asleep, more than half the time (4 days or more out of the past 7 days).
- 3 I took more than 60 minutes to fall asleep, more than half the time (4 days or more out of the past 7 days).

**2. Sleep during the night:**

- 0 I didn't wake up at night.
- 1 I had a restless, light sleep, briefly waking up a few times each night.
- 2 I woke up at least once a night, but I got back to sleep easily.
- 3 I woke up more than once a night and stayed awake for 20 minutes or more, more than half the time (4 days or more out of the past 7 days).

**3. Waking up too early:**

- 0 Most of the time, I woke up no more than 30 minutes before my scheduled time.
- 1 More than half the time (4 days or more out of the past 7 days), I woke up more than 30 minutes before my scheduled time.
- 2 I almost always woke up at least one hour or so before my scheduled time, but I got back to sleep eventually.
- 3 I woke up at least one hour before my scheduled time, and couldn't get back to sleep.

**4. Sleeping too much:**

- 0 I slept no longer than 7-8 hours/night, without napping during the day.
- 1 I slept no longer than 10 hours in a 24-hour period including naps.
- 2 I slept no longer than 12 hours in a 24-hour period including naps.
- 3 I slept longer than 12 hours in a 24-hour period including naps.

**5. Feeling sad:**

- 0 I didn't feel sad.
- 1 I felt sad less than half the time (3 days or less out of the past 7 days).
- 2 I felt sad more than half the time (4 days or more out of the past 7 days).
- 3 I felt sad nearly all of the time.

EPI0905.QIDSSR

Patient Name:

Date of Birth:



QUICK INVENTORY OF DEPRESSIVE SYMPTOMATOLOGY (SELF-REPORT)	
PLEASE CHECKMARK THE ONE RESPONSE TO EACH ITEM THAT IS MOST APPROPRIATE TO HOW YOU HAVE BEEN FEELING OVER THE PAST 7 DAYS.	
<b>Please complete either 6 or 7 (not both)</b>	
<p><b>6. Decreased appetite:</b></p> <p><input type="checkbox"/>0 There was no change in my usual appetite.</p> <p><input type="checkbox"/>1 I ate somewhat less often or smaller amounts of food than usual.</p> <p><input type="checkbox"/>2 I ate much less than usual and only by forcing myself to eat.</p> <p><input type="checkbox"/>3 I rarely ate within a 24-hour period, and only by really forcing myself to eat or when others persuaded me to eat.</p>	<p><b>7. Increased appetite:</b></p> <p><input type="checkbox"/>0 There was no change in my usual appetite.</p> <p><input type="checkbox"/>1 I felt a need to eat more frequently than usual.</p> <p><input type="checkbox"/>2 I regularly ate more often and/or greater amounts of food than usual.</p> <p><input type="checkbox"/>3 I felt driven to overeat both at mealtime and between meals.</p>
<b>Please complete either 8 or 9 (not both)</b>	
<p><b>8. Decreased weight (within the last 14 days):</b></p> <p><input type="checkbox"/>0 My weight has not changed.</p> <p><input type="checkbox"/>1 I feel as if I've had a slight weight loss.</p> <p><input type="checkbox"/>2 I've lost 2 pounds (about 1 kilo) or more.</p> <p><input type="checkbox"/>3 I've lost 5 pounds (about 2 kilos) or more.</p>	<p><b>9. Increased weight (within the last 14 days):</b></p> <p><input type="checkbox"/>0 My weight has not changed.</p> <p><input type="checkbox"/>1 I feel as if I've had a slight weight gain.</p> <p><input type="checkbox"/>2 I've gained 2 pounds (about 1 kilo) or more.</p> <p><input type="checkbox"/>3 I've gained 5 pounds (about 2 kilos) or more.</p>
<p><b>10. Concentration/decision-making:</b></p> <p><input type="checkbox"/>0 There was no change in my usual ability to concentrate or make decisions.</p> <p><input type="checkbox"/>1 I occasionally felt indecisive or found that my attention wandered.</p> <p><input type="checkbox"/>2 Most of the time, I found it hard to focus or to make decisions.</p> <p><input type="checkbox"/>3 I couldn't concentrate well enough to read or I couldn't make even minor decisions.</p>	
<p><b>11. Perception of myself:</b></p> <p><input type="checkbox"/>0 I saw myself as equally worthwhile and deserving as other people.</p> <p><input type="checkbox"/>1 I put the blame on myself more than usual.</p> <p><input type="checkbox"/>2 For the most part, I believed that I caused problems for others.</p> <p><input type="checkbox"/>3 I thought almost constantly about major and minor defects in myself.</p>	
<p><b>12. Thoughts of my own death or suicide:</b></p> <p><input type="checkbox"/>0 I didn't think of suicide or death.</p> <p><input type="checkbox"/>1 I felt that life was empty or wondered if it was worth living.</p> <p><input type="checkbox"/>2 I thought of suicide or death several times for several minutes over the past 7 days.</p> <p><input type="checkbox"/>3 I thought of suicide or death several times a day in some detail, or I made specific plans for suicide or actually tried to take my life.</p>	

EPI0905.QIDSSR

Patient Name:

Date of Birth:

## Mood Disorder Questionnaire

Patient Name \_\_\_\_\_ Date of Visit \_\_\_\_\_

Please answer each question to the best of your ability

1. Has there ever been a period of time when you were not your usual self and...	YES	NO
...you felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got into trouble?	<input type="checkbox"/>	<input type="checkbox"/>
...you were so irritable that you shouted at people or started fights or arguments?	<input type="checkbox"/>	<input type="checkbox"/>
...you felt much more self-confident than usual?	<input type="checkbox"/>	<input type="checkbox"/>
...you got much less sleep than usual and found that you didn't really miss it?	<input type="checkbox"/>	<input type="checkbox"/>
...you were more talkative or spoke much faster than usual?	<input type="checkbox"/>	<input type="checkbox"/>
...thoughts raced through your head or you couldn't slow your mind down?	<input type="checkbox"/>	<input type="checkbox"/>
...you were so easily distracted by things around you that you had trouble concentrating or staying on track?	<input type="checkbox"/>	<input type="checkbox"/>
...you had more energy than usual?	<input type="checkbox"/>	<input type="checkbox"/>
...you were much more active or did many more things than usual?	<input type="checkbox"/>	<input type="checkbox"/>
...you were much more social or outgoing than usual, for example, you telephoned friends in the middle of the night?	<input type="checkbox"/>	<input type="checkbox"/>
...you were much more interested in sex than usual?	<input type="checkbox"/>	<input type="checkbox"/>
...you did things that were unusual for you or that other people might have thought were excessive, foolish, or risky?	<input type="checkbox"/>	<input type="checkbox"/>
...spending money got you or your family in trouble?	<input type="checkbox"/>	<input type="checkbox"/>
<b>2. If you checked YES to more than one of the above, have several of these ever happened during the same period of time?</b>	<input type="checkbox"/>	<input type="checkbox"/>

### 3. How much of a problem did any of these cause you - like being unable to work; having family, money or legal troubles; getting into arguments or fights?

No problems     Minor problem     Moderate problem     Serious problem

# Zung Self-rating Anxiety Scale

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Listed below are 20 statements. Please read each one carefully and decide how much the statement describes how you have been feeling **during the past week**. Circle the appropriate number for each statement.

	None or a little of the time	Some of the time	Good part of the time	Most or all of the time
1. I feel more nervous and anxious than usual.	1	2	3	4
2. I feel afraid for no reason at all.	1	2	3	4
3. I get upset easily or feel panicky.	1	2	3	4
4. I feel like I'm falling apart and going to pieces.	1	2	3	4
5. I feel that everything is all right and nothing bad will happen.	4	3	2	1
6. My arms and legs shake and tremble.	1	2	3	4
7. I am bothered by headaches, neck and back pains.	1	2	3	4
8. I feel weak and get tired easily.	1	2	3	4
9. I feel calm and can sit still easily.	4	3	2	1
10. I can feel my heart beating fast.	1	2	3	4
11. I am bothered by dizzy spells.	1	2	3	4
12. I have fainting spells or feel faint.	1	2	3	4
13. I can breathe in and out easily.	4	3	2	1
14. I get feelings of numbness and tingling in my fingers and toes.	1	2	3	4
15. I am bothered by stomachaches or indigestion.	1	2	3	4
16. I have to empty my bladder often.	1	2	3	4
17. My hands are usually dry and warm.	4	3	2	1
18. My face gets hot and blushes.	1	2	3	4
19. I fall asleep easily and get a good night's rest.	4	3	2	1
20. I have nightmares.	1	2	3	4

Score Total\*:

\*Score is for healthcare provider interpretation.

# PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

Over the last 2 weeks, how often have you been bothered by any of the following problems?  
(Use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

FOR OFFICE CODING   0   +        +        +         
=Total Score:       

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all	Somewhat difficult	Very difficult	Extremely difficult
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke and colleagues, with an educational grant from Pfizer Inc. No permission required to reproduce, translate, display or distribute.

Patient Name:

Date of Birth:

# Married Parents/ Joint Custody

## PARENT 1

### Authorization to Provide Services to Minors (Persons Under Age 18)

I,                     PARENT NAME                    , authorize mental health treatment services from                     PROVIDER NAME                     for my son/ daughter,                     CHILD NAME                    , who is           AGE           years of age. I agree to be present, and when requested, to participate in the treatment process.

I understand that all information given to                     PROVIDER NAME                    , and obtained from outside sources, will be retained in the patient's medical records and will remain confidential. No information will be shared with anyone outside of the practice of the provider listed above without consent of the parent or guardian.

\_\_\_\_\_  
Parent/ Legal Guardian Printed Name

\_\_\_\_\_  
Parent/ Legal Guardian Signature

\_\_\_\_\_  
Date

*NOTARY SIGN/STAMP*  
\_\_\_\_\_  
Notary Stamp

\_\_\_\_\_  
Date

1311 Union Street  
Schenectady, NY 12308  
518-374-6263

5 Hemphill Place  
Malta, NY 12020  
518-289-5072

*All Providers are in Private Practice*

# Married Parents/ Joint Custody

PARENT 2

## Authorization to Provide Services to Minors (Persons Under Age 18)

I, \_\_\_\_\_ *PARENT NAME* \_\_\_\_\_, authorize mental health treatment services from  
\_\_\_\_\_ *PROVIDER NAME* \_\_\_\_\_ for my son/ daughter, \_\_\_\_\_ *CHILD NAME* \_\_\_\_\_,  
who is \_\_\_\_\_ *AGE* \_\_\_\_\_ years of age. I agree to be present, and when requested, to participate in  
the treatment process.

I understand that all information given to \_\_\_\_\_ *PROVIDER NAME* \_\_\_\_\_, and obtained from  
outside sources, will be retained in the patient's medical records and will remain confidential.  
No information will be shared with anyone outside of the practice of the provider listed above  
without consent of the parent or guardian.

\_\_\_\_\_  
Parent/ Legal Guardian Printed Name

\_\_\_\_\_  
Parent/ Legal Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
*NOTARY SIGN/STAMP*

\_\_\_\_\_  
Notary Stamp

\_\_\_\_\_  
Date

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Schenectady, NY 12308  
518-374-6263

5 Hemphill Place  
Malta, NY 12020  
518-289-5072

*All Providers are in Private Practice*

# ***SINGLE PARENT/ SOLE CUSTODY***

## Authorization to Provide Services to Minors (Persons Under Age 18)

I, \_\_\_\_\_ *PARENT NAME* \_\_\_\_\_, authorize mental health treatment services for \_\_\_\_\_ *CHILD NAME* \_\_\_\_\_, my son/ daughter, who is \_\_\_\_\_ *AGE* \_\_\_\_\_ years of age. I agree to be present, and when requested, to participate in the treatment process. By signing below I attest that I possess sole decision making rights for all medical care for my child. I hereby hold harmless Union Street Counseling Services LLC., and provider \_\_\_\_\_ *PROVIDER NAME* \_\_\_\_\_ from any claims made by another parent/legal guardian regarding the above mentioned decision making rights.

I understand that all information given to \_\_\_\_\_ *PROVIDER NAME* \_\_\_\_\_, and obtained from outside sources, will be retained in the patient's medical records and will remain confidential. No information will be shared with anyone outside of the practice of the provider listed above without consent of the parent or guardian.

\_\_\_\_\_  
Parent/ Legal Guardian Printed Name

*NOTARY SIGN/STAMP*

\_\_\_\_\_  
Parent/ Legal Guardian Signature

\_\_\_\_\_  
Notary Stamp

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date

1311 Union Street  
Schenectady, NY 12308  
518-374-6263

5 Hemphill Place  
Malta, NY 12020  
518-289-5072

*All Providers are in Private Practice*

## PRIMARY CARE PROVIDER (PCP) COORDINATION OF CARE

This release is for the purpose of coordination of care between your provider at Union Counseling and your Primary Care Provider/ General Practitioner. **COMPLETE TOP SECTION ONLY.**

Patient Name: \_\_\_\_\_

Patient Date of Birth: \_\_\_\_\_

Patient Address: \_\_\_\_\_  
\_\_\_\_\_

Primary Care Provider (PCP) Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### Optional Refusal (Initial):

\_\_\_\_\_ I **AM NOT** currently receiving services from a PCP or other medical practitioner

\_\_\_\_\_ I **DO NOT** want information shared with my PCP

***NOTICE:** By signing, I hereby authorize the behavioral health clinician/facility listed below to release information to the practitioner/provider listed above. The reason for disclosure is to facilitate continuity and coordination of treatment. **This consent will last one year from the date signed.** I understand that I may revoke my consent in writing at any time. I understand that my treatment is not conditional in any way on my consenting to this disclosure.*

Signature of Patient/Patient's Representative: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name of Patient/Patient's Representative: \_\_\_\_\_

Relationship of Representative (parent, guardian, etc.) \_\_\_\_\_

*(Please provide necessary documentation proving authority if requested)*

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**THIS DOCUMENT IS FOR COORDINATION OF CARE ONLY FOR OUR MUTUAL PATIENT LISTED ABOVE**

Should you have any further questions, please contact the office selected below.

Diagnosis: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Medications: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I recommend the following course of treatment for this patient:

THERAPY:    \_\_\_\_\_ Individual    \_\_\_\_\_ Family    \_\_\_\_\_ Group    \_\_\_\_\_ Couple

MEDICAL:    \_\_\_\_\_ Medication Management    \_\_\_\_\_ Substance Abuse Treatment

Provider Name: \_\_\_\_\_ Credential: \_\_\_\_\_

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

1311 Union Street Schenectady, NY 12308

Phone:(518)374-6263 Fax: (518)374-1778

5 Hemphill Place Malta, NY, 12020

Phone:(518)289-5072 Fax: (518)289-5225

DATE SENT \_\_\_\_\_

STAFF INITIAL \_\_\_\_\_

**ADULT YEARLY APPT**



# CONTROLLED SUBSTANCE AGREEMENT

## This Agreement Outlines Your Provider's Guidelines for Proper Use of Controlled Medications

Controlled medications (defined as controlled schedule medications by the US Department of Justice Drug Enforcement Administration) are very useful but are sometimes abused and are closely controlled by all levels of government. They are intended to improve function, and they are only a part of a comprehensive treatment plan created between you and your provider.

The long-term use of benzodiazepines is controversial because it is not certain that they are beneficial in the long term. Patients who are prescribed this class of medications are at risk for developing an addictive disorder or suffering a relapse from a prior addiction. Where indicated, these medications will be prescribed on a short-term basis only.

Controlled medication(s) must be prescribed **ONLY** by my Provider, whose signature is below.

**PROVIDER SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

During his/her absence, controlled medication(s) must **ONLY** be prescribed by my Provider's designated covering provider.

Controlled medication(s) prescribed to me by my provider must be obtained at the pharmacy below:

**PHARMACY:** \_\_\_\_\_ **PHONE** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

If I change my pharmacy, I must inform my Provider in advance of dispensing a prescription(s).

1311 Union Street  
Schenectady, NY 12308  
518-374-6263

5 Hemphill Place, Suite 121  
Malta, NY 12020  
518-289-5072

*All Providers are in Private Practice*

Patient Name:

Date of Birth:

**PLEASE INITIAL EACH LINE BELOW TO ACKNOWLEDGE THAT YOU HAVE READ AND UNDERSTOOD ALL POLICIES:**

\_\_\_\_\_ I understand that my prescribing provider may require me to be seen at specified intervals in order to continue to be prescribed controlled medications.

\_\_\_\_\_ I give my provider permission to discuss my medical condition with pharmacists and other professionals who provide my health care.

\_\_\_\_\_ I will **NOT** share, sell, or otherwise permit **ANYONE ELSE** to take my medications.

\_\_\_\_\_ I understand that urine tests, blood tests, or pill counts may be required.

\_\_\_\_\_ I will **NOT** drink large amounts of alcohol while taking my medication.

\_\_\_\_\_ I will **NOT** purchase or otherwise obtain any illegal drugs.

\_\_\_\_\_ I understand that medications will **NOT** be replaced if they are lost, stolen, or destroyed.

\_\_\_\_\_ If legal authorities raise questions about my treatment, I waive my confidentiality, and understand that these authorities may be given ALL of my records of controlled medication use.

\_\_\_\_\_ Information in my chart, including this agreement, will be available to any facility or provider involved in my care.

\_\_\_\_\_ If I do not follow my full treatment plan, the medication may be discontinued by my provider.

**REFILLS OF CONTROLLED SUBSTANCE MEDICATIONS:**

\_\_\_\_\_ I understand that early refills will not be given and that I must keep appointments with my provider to obtain renewals.

\_\_\_\_\_ Will be given on **WEEKDAYS** during business hours. I must allow **5 WORKING DAYS** for refills to be approved and written by my provider.

\_\_\_\_\_ Will **NOT** be made as an "Emergency".

\_\_\_\_\_ If I do not follow these rules, my Provider may stop all refills and I may be discharged from the Provider's care.

**I affirm that I have full right and power to sign, be bound by this agreement, and that I have read, understand, and accept all of its terms.**

**PATIENT NAME:** \_\_\_\_\_

**RESPONSIBLE PARTY SIGNATURE:** \_\_\_\_\_

**RESPONSIBLE PARTY NAME(IF DIFFERENT FROM PATIENT):** \_\_\_\_\_

**DATE:** \_\_\_\_\_